

# PHYSICAL THERAPY RESIDENCY PROGRAMS

Visit program website. (<https://ptrehab.ucsf.edu/residency-programs/>)

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## Program Overview

### Introduction

The mission of the UCSF Physical Therapy Residency Programs is to provide a comprehensive didactic curriculum, mentoring, and teaching experience to facilitate the advanced clinical development of physical therapists who will provide exceptional evidence-based and patient-centered physical therapy services and become future educators of the next generation of physical therapists.

### One-Year Residency Program (Basic Curriculum)

Each residency has rich curriculum and mentoring experiences that integrate the clinical expertise of practitioners within and outside of the UCSF Medical Center. Residents are employed by UCSF through the Office of Graduate Medical Education and receive a stipend and benefits commensurate for time spent in patient care. Residents also have opportunities to collaborate with faculty and educate students in the UCSF/SFSU DPT Program.

### Detailed Instructional Schedule

Small class sizes allow faculty to tailor instruction and mentorship to the unique needs of each resident and develop relationships that facilitate professional growth for years to come. Each week of the 1-year residencies generally includes the following:

- 23-35 hours of direct patient care
- 4-5 hours of 1:1 mentoring working with a primary mentor for each service-based rotation, exposing residents to a variety of clinical experience and insight

- 2-8 hours of didactic coursework, journal club, inter-professional rounding
- 2-4 hours of teaching entry-level DPT students

## Instructors/Resources

Core faculty members are highly trained, experienced providers. The majority are ABPTS Board Certified Clinical Specialists and all are involved in research, QI initiatives, state/national professional organizations, and development of APTA clinical practice guidelines.

## Teaching Staff

For a full list of teaching faculty, please see the program pages here (<https://ptrehab.ucsf.edu/residency-programs/>).

## Instructional Facilities

The main facilities, which offer a wide depth and breadth of clinical and research experiences and training, where the trainees practice and see patients include:

- UCSF Helen Diller Medical Center at Parnassus Heights
- UCSF Outpatient Physical Therapy Faculty Practices

## Accreditation

The UCSF Acute Care Physical Therapy Residency, Neurologic Physical Therapy Residency, and Orthopedic Physical Therapy Residency are all accredited by the American Board of Physical Therapy Residency and Fellowship Education (<https://abptrfe.apta.org/>) (ABPTRFE) as post-professional residency programs for physical therapists in their respective specialties. ABPTRFE has granted the UCSF Women's Health PT Residency program candidacy status. Candidacy status signifies satisfactory progress toward accreditation. Achieving candidacy status is not an indication that ABPTRFE will grant initial accreditation. Participants who graduate from a program in candidacy status are not deemed to have completed an accredited program.

## Entrance Requirements

To be eligible for the UCSF Physical Therapy Residency programs, a resident:

- Must be a graduate of a CAPTE-accredited physical therapy program or currently enrolled and in good standing in a DPT program with expected graduation date by June (or the deadline to sit for the NPTE in July).
- Provide proof of licensure or Physical Therapy Licensed Applicant (PTLA) status by the Physical Therapy Board of California by program start date. If you are a PTLA, please complete the National Physical Therapy Examination (NPTE) within 90 days of being granted PTLA status by the PT Board of California per the California Physical Therapy Practice Act, Section 2655.93.
- Must meet requirements to be employed as a practicing PT at UCSF Health. UCSF does not have the ability to sponsor visas for this program. Candidates must be able to demonstrate work eligibility for the duration of the program to be considered for acceptance.

## Policies

For all policies and procedures, see the UCSF Physical Therapy Residencies Policies and Procedures Manual (<https://ucsf.box.com/s/3tdpyzd610yv9rhsiufvhiufc1lckm/>).

## Trainee Responsibilities

To maintain active status through graduation, trainees must meet the following academic responsibilities:

- Adhere to all university, UC Health, and residency program policies.
- Complete all graded assignments within a 12-month time frame. If a resident has an incomplete or requires additional time in the clinic to meet program completion standards, they may extend the residency up to three months. Once the assignment has been completed or resident has satisfactorily met clinical standards, a certificate of completion will be awarded.
- Complete all teaching assignments as outlined in the curricular schedule.
- Successfully complete all examinations and coursework for their program.

They must also meet the following clinical responsibilities:

- Adhere to the attendance policy.
- Complete all trainings required by UCSF Health and your residency program.
- Meet the minimum 1,500 patient care hours, 150 mentoring hours, and 300 educational hours requirements of the program's accrediting body, ABPTRFE.

## Benefits/Salaries/Leave

For comprehensive information on benefits and leave for all residents in the UCSF PT residencies, see the UCSF Physical Therapy Residencies Policies and Procedures Manual (<https://ucsf.box.com/s/3tdpyzd610yv9rhsiufvhiufc1lckrn/>).