

# NURSING POST-MASTER'S CERTIFICATE: UC MULTI-CAMPUS PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

Visit program website. (<https://nursing.ucsf.edu/PMHNP-postmasters-certificate/>)

**Degree Offered:** Certificate

**Program Leadership:**

Kara Birch, DNP, RN, PMHNP, Co-Director

Deborah Johnson, DNP, RN, PMHNP, Co-Director

**Admissions Inquiries:**

Shanna Abeloff, Program Manager

## Program Description

The first remote-learning, post-master's certificate of its kind in California, this 12-month hybrid program combines remote-access education with three in-person sessions and regional clinical training across California, in order to prepare advanced practice nurses in the Psychiatric Mental Health Nurse Practitioner (PMHNP) role and eligibility for board certification.

## Admission Requirements

### Required Qualifications

- Advanced Practice Registered Nurse (APRN) licensure in California. Nursing license must be recognized as valid for practice within the state of California during the complete course of study.
- Official transcripts from all post-secondary institutions, including any programs in which you are currently enrolled.
- Goal statement
- Minimum of 3 letters of recommendation
- Resume or CV
- English proficiency for non-native speakers (minimum TOEFL score of 92, minimum ILTS score of 7)

### Required Prerequisite Coursework

- Advanced Physiology/Pathophysiology, including general principles that apply across the lifespan
- Advanced Health Assessment, which includes assessment of all human systems, advanced assessment techniques, concepts and approaches
- Advanced Pharmacology, which includes pharmacodynamics, pharmacokinetics and pharmacotherapeutics of all broad categories of agents
- Content in Health Promotion/Disease Prevention and Differential Diagnosis/Disease Management

## Learning Outcomes

- PMHNP role development – use knowledge, skills, and attitude for evidence-based clinical practice to build excellence in PMHNP practice.

- Communication and collaboration – develop skill in relationship-centered communication to facilitate collaboration with patients, families, and communities.
- Structural awareness – create health care citizens who understand and respond to the downstream effects of social inequity, racism, and parity in mental health care.
- Self-reflective practice – develop awareness of self, other, and situation in the context of professional role identity and role development.

## Additional Information

### Career Outcomes

- [aanp.org/news-feed/are-you-considering-a-career-as-psychiatric-mental-health-nurse-practitioner](https://www.aanp.org/news-feed/are-you-considering-a-career-as-psychiatric-mental-health-nurse-practitioner) (<https://www.aanp.org/news-feed/are-you-considering-a-career-as-psychiatric-mental-health-nurse-practitioner/>)

## Degree Requirements

The program requires successful completion of all didactic and clinical experiences for certification at the state and national level in PMHNP, including demonstration of PMHNP clinical competency and a minimum of 500 supervised hours of specialty training (outside of employment).

## Core Courses

**Please Note:** Course numbers for some courses listed below will change during the 2022-23 academic year. We will update course numbers here on a rolling basis.

Course	Title	Units
<b>1st Quarter - Winter</b>		
NURSING 415.05	Post Master's PMHNP Clinical Residency	1-7
NURSING 220.05	Clinical Reasoning and Psychopathology	2
NURSING 221.05A	PMHNP Role Development	1
NURSING 222.05A	Foundations in Psychopharmacology and Alternate Therapies	2
<b>Units</b>		<b>6-12</b>
<b>2nd Quarter - Spring</b>		
NURSING 415.05	Post Master's PMHNP Clinical Residency	1-7
NURSING 222.05B	Applications in Psychopharmacology	2
NURSING 223.05A	Psychotherapeutic Interventions Across the Lifespan I	1
<b>Units</b>		<b>4-10</b>
<b>3rd Quarter - Summer</b>		
NURSING 415.05	Post Master's PMHNP Clinical Residency	1-7
NURSING 221.05B	Clinical Formulation for Treatment Planning	1
NURSING 223.05B	Psychotherapeutic Interventions Across the Lifespan II	2
<b>Units</b>		<b>4-10</b>
<b>4th Quarter - Fall</b>		
NURSING 415.05	Post Master's PMHNP Clinical Residency	1-7
NURSING 221.05C	Treatment Planning for Complex Mental Disorders	1
NURSING 223.05C	Psychotherapeutic Interventions Across the Lifespan III	1
NURSING 222.05C	Complex Cases in Psychopharmacology	1
<b>Units</b>		<b>4-10</b>
<b>Total Units</b>		<b>18-42</b>