# INTERPROFESSIONAL HEALTH POST-BACCALAUREATE CERTIFICATE PROGRAM IN MEDICINE

Visit program website. (https://meded.ucsf.edu/post-baccalaureate-program/)

Degree Offered: Certificate Program Leadership: Lucy Ogbu-Nwobodo, MD, MS, MAS, Director Valerie Margol, MA, Associate Director Admissions Inquiries: LaTasha Mitchell, Senior Program Coordinator Daysia Sngoeun, Program Coordinator

## **Program Description**

The Interprofessional Health Post-Baccalaureate Certificate Program represents a comprehensive educational opportunity designed for individuals who come from low-income communities or those that are medically low-resourced. Through a combination of advanced science coursework, test preparation, collaborative study, and personalized support in preparing for the professional school application process, participants are able to distinguish themselves as competitive candidates for health professional schools.

Since 1999, post-baccalaureate students in the UCSF schools of dentistry and medicine have been successful in gaining admission to health professions schools throughout the United States. Both programs have consistently seen high acceptance rates: The medical program has an established acceptance rate of 95% and the dental program has a similarly successful acceptance rate of over 90%. In 2010, the School of Pharmacy launched a program modeled after those in the schools of dentistry and medicine, and in 2011 all three programs were united under the UCSF Interprofessional Health Post-Baccalaureate Certificate Program.

Post-baccalaureate students complete science coursework through UC Berkeley Extension and participate in graduate seminars at UCSF to enrich their knowledge of the health professions and prepare them for the professional school application process. Students in all three programs benefit from personalized advising; students in medicine and dentistry also benefit from focused entrance exam preparation. As members of a formal university graduate certificate program, students participate in campus life and take advantage of student resources in areas of financial aid, health insurance, library services, learning assistance and more.

The Interprofessional Health Post-Baccalaureate Certificate Program is offered by the UCSF Division of Graduate Education and Postdoctoral Affairs and administered by the UCSF schools of dentistry, medicine, and pharmacy.

The UCSF School of Medicine Post-Baccalaureate Program is a comprehensive, structured program designed for individuals who come from low-income communities or those that are medically low-resourced, who have been unsuccessful in gaining admission to medical school or who have completed the required undergraduate course work but need

to improve their academic profiles before initiating the medical school application process.

The program helps individuals increase their chances of gaining admission to medical school by offering intensive MCAT review, assistance with medical school application preparation, science course work, graduate seminars on current health care issues, academic skills workshops, faculty and medical student mentoring, and participation in an interprofessional quality improvement project supervised by UCSF faculty members.

# **Admission Requirements**

To be eligible for this program, applicants must come from low-income communities or those that are medically low-resourced, be a resident of California, have completed an undergraduate degree or higher from an accredited U.S. college or university, and have a minimum overall GPA of 2.94 or higher; minimum 2.8 GPA in science and math courses.

Applicants must have completed one year of biology with laboratory, one year of chemistry with laboratory, one year of organic chemistry with laboratory, one year of physics with laboratory and one semester/ quarter of biochemistry. Reapplicants must have taken the MCAT prior to matriculation.

# **Learning Outcomes**

Students will participate in multiple modalities to improve their MCAT score and grade point average, improve study methods and academic skills such as written and oral communication, navigate the medical school application process, and learn health care processes improvement in a supervised interprofessional quality improvement project.

# **Additional Information**

#### **Program Core Faculty**

- Lucy Ogbu-Nwobodo, MD, MS, MAS, Director
- Valerie Margol, MA, Associate Director
- · LaTasha Mitchell, Senior Program Coordinator

#### **Career Outcomes**

- · Matriculation to U.S. Medical School: 95% of program alumni
- Of alumni who matriculate to medical school: 68% attend(ed) medical school in CA, 63% attend(ed) medical school at a UC medical school, and 20% attend(ed) medical school at UCSF.

### **Degree Requirements**

- 1. You must enroll in at least three 3-unit classes (9 units) per semester at UC Berkeley Extension, and maintain a minimum 3.0 GPA.
- 2. You must abide by all UC Berkeley Extension's policies regarding expectations for student conduct and academic integrity.
- 3. You must enroll in a 3-unit Interprofessional Health Post Bac graduate seminar at UCSF each quarter.
- 4. Timely reports on classes in which you are enrolled, grades earned, MCAT scores earned, medical school secondary requests, medical school interview requests, medical school acceptances.
- 5. Full participation in program evaluation components.
- 6. Immediate disclosure of any issue affecting your full participation in the program.
- 7. Must complete interprofessional health continuous quality improvement project.

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### **Core Courses**

- INTERDEPT 206 Medicine Post-Baccalaureate Program Related Study (0 units)
- INTERDEPT 205 Preparing for Health Professions School (3 units in each term, taken in all terms)
- Medicine UNEX science courses (18 units) 3 courses per semester (course availability is subject to change): https:// extension.berkeley.edu/academic-areas/sciences-mathematics-andbiotechnology/

#### **UCB Extension**

https://extension.berkeley.edu/search/publicCourseSearchDetails.do? method=load&courseID (https://extension.berkeley.edu/search/ publicCourseSearchDetails.do?method=load&courseID)

| Code                        | Title | Units |
|-----------------------------|-------|-------|
| Upper-Division Science      |       |       |
| Fall Courses                |       |       |
| MCELLBI X134 <sup>1</sup>   |       | 3     |
| MCELLBI X110 <sup>1</sup>   |       | 3     |
| MCELLBI X499.4 <sup>1</sup> |       | 3     |
| CHEM X416 <sup>1</sup>      |       | 3     |
| INTEGBI X109 <sup>1</sup>   |       | 3     |
| MCELLBI X143 <sup>1</sup>   |       | 3     |
| MCELLBI X424                |       | 3     |
| MCELLBI X108 <sup>1</sup>   |       | 3     |
| MCELLBI X413 <sup>1</sup>   |       | 3     |
| MCELLBI X410.1              |       | 3     |
| MCELLBI X427                |       | 2     |
| MCELLBI X444                |       | 3     |
| MCELLBI X471                |       | 3     |
| MCELLBI X474                |       | 3     |
| MCELLBI X499.5              |       | 3     |
| INTEGBI X104 <sup>1</sup>   |       | 3     |
| MCELLBI XB32 <sup>1</sup>   |       | 3     |
| Spring Courses              |       |       |
| MCELLBI X107A               |       | 3     |
| MCELLBI X108                |       | 3     |
| MCELLBI X116                |       | 3     |
| MCELLBI X126                |       | 3     |
| MCELLBI X138                |       | 3     |
| MCELLBI X419                |       | 3     |
| MCELLBI X420                |       | 3     |
| Total Units                 |       | 71    |

<sup>1</sup> These courses can also be taken during the spring term.

### **Non-course Core Requirements**

Interprofessional Continuous Quality Improvement Project