

NUTRITION (NUTRITION)

NUTRITION 218 Nutrition Therapy: Diet and Disease (2 Units) Fall, Winter

Instructor(s): Cynthia Belew

Prerequisite(s): None.

Restrictions: None.

Activities: Web work

In this course, students will analyze and discuss nutrition policy and research to understand the profound impact of diet on health and disease. They will learn about the impact of the microbiome and mitochondria on health and how to identify and correct nutrient deficiencies to promote optimal health in both the prevention and management of disease.

School: Nursing

Department: Family Health Care Nursing

May the student choose the instructor for this course? No

Does enrollment in this course require instructor approval? No

Course Grading Convention: Letter Grade, P/NP (Pass/Not Pass) or S/U (Satisfactory/Unsatisfactory)

Graduate Division course: No

Is this a web-based online course? Yes

Is this an Interprofessional Education (IPE) course? No

May students in the Graduate Division (i.e. pursuing Master or PhD) enroll in this course? Yes

Repeat course for credit? No