

NURSING POST-MASTER'S CERTIFICATE: UC MULTI-CAMPUS PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

Visit program website. (<https://nursing.ucsf.edu/PMHNP-postmasters-certificate/>)

Degree Offered: Certificate

Program Leadership:

Kara Birch, DNP, RN, PMHNP, Co-Director

Admissions Inquiries:

Shanna Abeloff, Program Manager

Program Description

The first remote-learning, post-master's certificate of its kind in California, this 12-month remote-access education program includes regional clinical training across California in order to prepare advanced practice nurses in the Psychiatric Mental Health Nurse Practitioner (PMHNP) role and eligibility for board certification. Students can stay in their communities to complete their training.

Admission Requirements

Required Qualifications

- Advanced Practice Registered Nurse (APRN) licensure in California. Nursing license must be recognized as valid for practice within the state of California during the complete course of study.
- Official transcripts. Review our detailed guidance on official transcripts (<https://nursing.ucsf.edu/uc-multi-campus-pmhnp-postmasters-program-official-transcripts-requirement/>).
- Goal statement
- Minimum of 3 letters of recommendation
- Resume or CV
- English proficiency for non-native speakers (minimum TOEFL score of 92, minimum ILTS score of 7)

Required Prerequisite Coursework

- Advanced Physiology/Pathophysiology, including general principles that apply across the lifespan
- Advanced Health Assessment, which includes assessment of all human systems, advanced assessment techniques, concepts and approaches
- Advanced Pharmacology, which includes pharmacodynamics, pharmacokinetics and pharmacotherapeutics of all broad categories of agents
- Content in Health Promotion/Disease Prevention and Differential Diagnosis/Disease Management

Learning Outcomes

- PMHNP role development – use knowledge, skills, and attitude for evidence-based clinical practice to build excellence in PMHNP practice.

- Communication and collaboration – develop skill in relationship-centered communication to facilitate collaboration with patients, families, and communities.
- Structural awareness – create health care citizens who understand and respond to the downstream effects of social inequity, racism, and parity in mental health care.
- Self-reflective practice – develop awareness of self, other, and situation in the context of professional role identity and role development.

Additional Information

Career Outcomes

- [aanp.org/news-feed/are-you-considering-a-career-as-psychiatric-mental-health-nurse-practitioner](https://www.aanp.org/news-feed/are-you-considering-a-career-as-psychiatric-mental-health-nurse-practitioner) (<https://www.aanp.org/news-feed/are-you-considering-a-career-as-psychiatric-mental-health-nurse-practitioner/>)

Degree Requirements

The program requires successful completion of all didactic and clinical experiences for certification at the state and national level in PMHNP, including demonstration of PMHNP clinical competency and a minimum of 500 supervised hours of specialty training (outside of employment).

Core Courses

Please Note: Course numbers for some courses listed below will change during the 2022-23 academic year. We will update course numbers here on a rolling basis.

Course	Title	Units
1st Quarter - Winter		
NURSING 415.05	Post Master's PMHNP Clinical Residency	1-7
NURSING 220.05	Clinical Reasoning and Psychopathology	2
NURSING 221.05A	PMHNP Role Development	1
NURSING 222.05A	Foundations in Psychopharmacology and Alternate Therapies	2
Units		6-12
2nd Quarter - Spring		
NURSING 415.05	Post Master's PMHNP Clinical Residency	1-7
NURSING 221.05B	Clinical Formulation for Treatment Planning	1
NURSING 222.05B	Applications in Psychopharmacology	2
NURSING 223.05A	Psychotherapeutic Interventions Across the Lifespan I	1
Units		5-11
3rd Quarter - Summer		
NURSING 415.05	Post Master's PMHNP Clinical Residency	1-7
NURSING 223.05B	Psychotherapeutic Interventions Across the Lifespan II	2
Units		3-9
4th Quarter - Fall		
NURSING 415.05	Post Master's PMHNP Clinical Residency	1-7
NURSING 221.05C	Treatment Planning for Complex Mental Disorders	1
NURSING 223.05C	Psychotherapeutic Interventions Across the Lifespan III	1
NURSING 222.05C	Complex Cases in Psychopharmacology	1
Units		4-10
Total Units		18-42