DOCTOR OF PHYSICAL THERAPY (DPT)

Visit program website. (https://ptrehab.ucsf.edu/ucsfsfsu-graduate-program-physical-therapy-dpt/)

Degree Offered: Doctor of Physical Therapy

Program Leadership:

Amber Fitzsimmons, PT, MS, DPTSc Associate Professor and Chair. UCSF

Jeannette Q. Lee, PT, PhD, CLT, CSCS Associate Professor and Chair, SFSU

Theresa Jaramillo, PT, MS, DPT Vice Chair of Academic Programs, UCSF DPT Associate Program Director, UCSF

Admissions Inquiries:

Mike Tressel, Admissions and Recruitment Specialist

Program Description

The entry-level Doctor of Physical Therapy (DPT) degree is a three-year joint program between University of California, San Francisco (UCSF) and San Francisco State University (SFSU). Physical therapy is a dynamic profession with an established theoretical and scientific base and widespread clinical applications in the restoration, maintenance, and promotion of optimal physical function. The UCSF-SFSU program runs for 36 continuous months beginning in June and includes 34 weeks of full-time clinical experiences. The program is designed to prepare scholarly clinicians, educators, collaborative clinical researchers, administrative managers and community leaders.

The curriculum of the DPT program is built on a strong theoretical foundation in basic, medical and applied sciences. Critical thinking and clinical reasoning skills are developed within an integrated program that prepares students to work collaboratively with patients across the lifespan to improve health and wellness, address disability challenges, and optimize function.

Faculty

About 38 full- and part-time faculty members are affiliated with the program at UCSF and SFSU, plus many more volunteer clinical faculty from the UCSF Medical Center, and other Bay Area clinics.

Career Outcomes

Graduates from the entry-level DPT program go on to work as physical therapy professionals who are committed to patient care, education, and the application of research to clinical practice.

Admission Requirements

Applications

Completion of two applications:

- a. Physical Therapist Centralized Application Service (PTCAS) (https://ptcas.liaisoncas.com/applicant-ux/#/login)
- b. UCSF Supplemental Application (https://gradapplication.ucsf.edu/)

Clinical Experience

All applicants must be able to demonstrate understanding of the physical therapy profession by completing a minimum of 50 clinical observation hours (paid or volunteer) under the direct supervision of a licensed physical therapist. These hours can be completed in one or more physical therapy settings (e.g., outpatient, inpatient, rehab).

Letters of Recommendation

Letters of recommendation are required from three individuals who personally know the applicant and their abilities. At least one letter must be from a licensed physical therapist. Instructors of basic science coursework, health professionals, or employers are suggested for the other two.

Required Prerequisite Coursework

- · General Inorganic Chemistry with lab (1 year)
- · General Physics with lab (1 year)
- Human or Comparative Anatomy with lab (1 semester)
- · Human Physiology with lab (1 semester)
- · Introductory/General Biology with lab (1 year)
- · Abnormal Psychology (1 semester)
- Introduction to Statistics (1 semester)

Additional Criteria

As a part of our holistic admissions review process, we consider an applicant's experiences, both in the academic environment and beyond it. We review each applicant's responses to our essay prompts, as well as extra-curricular involvement during an applicant's collegiate career. That can include, for example, intercollegiate athletics participation, work experience, research experience, or leadership roles in organizations. A successful application does not require those life experiences, but they are additional factors that can strengthen an application beyond the academics and observation hours.

Transcripts and Degree

All applicants must hold a bachelor's degree from a regionally accredited institution. Official transcripts from every U.S. and Canadian college and university attended must be sent directly to PTCAS.

Learning Outcomes

Student Goals

- a. Students will provide patient-centered care and participate in outreach and service to the community, striving to improve access, equity, and quality of treatment and education, with emphasis on communities of need
- Students will develop their professionalism, clinical skills, and unique abilities
- c. Students will develop an appreciation for and engage in research
- d. Students will benefit from the diversity valued by the program and will experience an inclusive learning environment
- e. Students will be advocates for the Physical Therapy Profession and leaders in their communities

Additional Information

The DPT program is offered by the UCSF Graduate Division, administered by the UCSF School of Medicine, and delivered by faculty members in the UCSF School of Medicine and at San Francisco State University. The program office is located at the UCSF Mission Bay campus. Visit the

program website (https://ptrehab.ucsf.edu/ucsfsfsu-graduate-program-physical-therapy-dpt/) for more information.

Program Faculty

 Find a program faculty list (https://ptrehab.ucsf.edu/content/dptprogram-course-directors/) on the program website.

Degree Requirements

The requirements for successful completion of the program are based on academic and professional expectations. Each student will be evaluated in terms of academic achievement, clinical abilities, and professional behaviors (self-assessment, faculty assessment and clinical instructor assessment). Requirements for graduation include:

- Successful completion of all academic coursework with 3.0 GPA at both Universities and combined
- · Passing grades on all practical and competency exams
- · Passing grades on all qualifying assessment exams
- · Passing grades on all clinical education experiences
- Successful completion of an evidence-based practice manuscript and presentation to the public.
- · Demonstration of professional behaviors

Core Courses

All courses are taken at UCSF unless otherwise noted.

Note: Previous SFSU Course Bulletins can be found in their course bulletin archive (http://bulletin.sfsu.edu/past-bulletin-archive/).

| Course | Title | Units |
|----------------|--|-------|
| Year 1 | | |
| Summer | | |
| PHYS THER 200A | Neuromusculoskeletal Anatomy I | 4 |
| PHYS THER 201 | Physical Therapy Assessment: Principles and Practice | 3 |
| PT 706 (SFSU) | Structure, Function, and Motion in Physical Therapy 1 | 3 |
| | Units | 10 |
| Fall | | |
| PHYS THER 204A | Pathophysiology for Physical Therapists I | 3 |
| PHYS THER 200B | Neuromusculoskeletal Anatomy II | 0.5 |
| PHYS THER 202 | Therapeutic Modalities | 1.5 |
| PHYS THER 215A | Compassion, Accountability, Responsibility, & Excellence I | 0.5 |
| PHYS THER 218A | Therapeutic Exercise: Beginning Exercise Prescription | 1.5 |
| PHYS THER 410 | Integrated Clinical Experience | 1 |
| PT 741 (SFSU) | Musculoskeletal Pathokinesiology I ¹ | 6 |
| | Units | 14 |
| Winter | | |
| PHYS THER 204B | Pathophysiology for Physical Therapists II | 3 |
| PHYS THER 110 | Ortho & Rehab Diag/Treatment | 2 |
| PHYS THER 200C | Neuromusculoskeletal Anatomy III | 0.5 |
| | Units | 5.5 |
| Spring | | |
| PHYS THER 112A | Motor Control Across the Lifespan: Motor Behavior | 1.5 |
| PHYS THER 215B | Compassion, Accountability, Responsibility, & Excellence II | 0.5 |
| PHYS THER 400A | Grand Rounds (Longitudinal course, also taken in fall and winter for 0 units.) | 1 |
| PT 700 (SFSU) | Multisystem Pathokinesiology ¹ | 6 |
| PT 742 (SFSU) | Musculoskeletal Pathokinesiology II ¹ | 6 |

| PHYS THER 219A | Pain Science for the Physical Therapist I | 1 |
|----------------|---|---------|
| | Units | 16 |
| Year 2 | | |
| Summer | | |
| ANATOMY 207 | Neuroscience | 3 |
| PT 801 (SFSU) | First Full-Time Clinical Education Experience I ¹ | 9 |
| PHYS THER 251A | Research Design I: Introduction to Scientific Inquiry | 3 |
| PHYS THER 219B | Pain Science for the Physical Therapist II | 1 |
| PHYS THER 218B | Therapeutic Exercise: Intermediate Exercise | 1.5 |
| | Prescription | |
| Fall | Units | 17.5 |
| PHYS THER 111 | Neurology & Rehab Diagnosis and Treatment | 2.5-3 |
| PHYS THER 211 | Pharmacology for Physical Therapists | 2 |
| PHYS THER 216A | Compassion, Accountability, Responsibility, & Excellence III | 0.5 |
| PHYS THER 251B | Research Design II: Appraisal of Scientific Literature | 1 |
| | | |
| PT 710 (SFSU) | Neurological Pathokinesiology I | 6 |
| PT 735 (SFSU) | Psychosocial Issues in Rehabilitation Sciences, Part I | 3 |
| PT 743 (SFSU) | Musculoskeletal Pathokinesiology III ¹ | 4.5 |
| | Units | 19.5-20 |
| Winter | | |
| PT 802 (SFSU) | Intermediate Full-Time Clinical Education Experience | 9 |
| PHYS THER 400B | Grand Rounds (Longitudinal course, also taken in fall and spring for 0 units.) | 1 |
| | Units | 10 |
| Spring | Onits | 10 |
| | Mater Central Assess the Liferency Pediatrics | 1.5 |
| PHYS THER 112B | Motor Control Across the Lifespan: Pediatrics | 1.5 |
| PHYS THER 205 | Functional Anatomy Review | 2 |
| PHYS THER 210 | Radiology for Physical Therapists | 2 |
| PHYS THER 216B | Compassion, Accountability, Responsibility, & Excellence IV | 0.5 |
| PHYS THER 419A | Research Seminar I | 0.5 |
| PT 736 (SFSU) | Ecological and Organizational Issues in Rehabilitation ¹ | 4.5 |
| PT 737 (SFSU) | Psychosocial Issues in Rehabilitation Science, Part II | 1.5 |
| | Units | 12.5 |
| Year 3 | | |
| Summer | | |
| PHYS THER 213 | Neurological Pathokinesiology II | 2 |
| PT 908 (SFSU) | Professional Colloquium ¹ | 1.5 |
| PHYS THER 419B | Research Seminar II | 0.5 |
| | | |
| PT 704 (SFSU) | Education, Health Promotion, Wellness, and Prevention in Physical Therapy ¹ | 3 |
| PHYS THER 214 | Administration and Organization in Physical Therapy | 3 |
| | Units | 10 |
| Fall | | |
| PHYS THER 209B | Evidence-Based Practice II: Developing a Systematic Review | 1 |
| PHYS THER 218C | Therapeutic Exercise: Advanced Prescription & Manual Therapy | 1.5 |
| PHYS THER 419C | Research Seminar III | 0.5 |
| PT 711 (SFSU) | Neurological Pathokinesiology III ¹ | 4.5 |
| | Units | 7.5 |
| Winter | | |
| PHYS THER 207 | Medical Screening for Physical Therapists | 4 |
| PHYS THER 218D | Therapeutic Exercise: Exercise for Special Populations | 1.5 |
| PT 910 (SFSU) | Evidence Based Practice ¹ | 6 |
| PHYS THER 112C | Motor Control Across the Lifespan: Geriatrics | 1.5 |
| | Units | 13 |

Spring

| | Total Units | 152.5-153 |
|----------------|---|-----------|
| | Units | 17 |
| PHYS THER 418 | Terminal Clinical Experience | 16 |
| PHYS THER 400C | Grand Rounds (Longitudinal course, also taken in fal and winter for 0 units.) | l 1 |

¹ http://bulletin.sfsu.edu/courses/pt/